

### THE INTEGRATION OF BEHAVIORAL HEALTH AND PRIMARY CARE: CHALLENGES AND OPPORTUNITIES JUNE 3, 2015

### **TODAY'S FACILITATOR(S)**

#### <u>N. Calman, MD</u> President/CEO Institute for Family Health

#### V.Little, PsyD,LCSW-r, SAP, CCM

Senior Vice President Institute for Family Health



Healthcare Reform 2.0: Making a SHIFT to a Culture of Health

### WORKSHOP OBJECTIVES

- Participants will gain an understanding of models of integration
- Participants will gain and understanding of challenges facing integration
- Participants will have basic knowledge of best practices



### WORKSHOP AGENDA

- Introduction
- Models of Integration
- Current System Changes
- Best Practices
- Questions/Discussion





## THE INTEGRATION OF BEHAVIORAL HEALTH AND PRIMARY CARE: CHALLENGES AND OPPORTUNITIES !

### N. Calman, MD, President/CEO V.Little, PsyD,LCSW-r, SAP, CCM



### MORBIDITY AND MORTALITY IN PEOPLE WITH SERIOUS MENTAL ILLNESS

- Persons with serious mental illness (SMI) are dying
  25 years earlier than the general population
- While suicide and injury account for about **30-40%** of excess mortality, **60%** of premature deaths in persons with schizophrenia are due to medical conditions such as cardiovascular, pulmonary and infectious diseases (NASMHPD, 2006)
- Completed suicides saw healthcare within 30 days





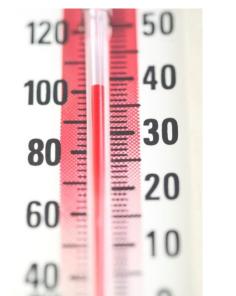
"We should not maintain state systems if the alternative is being part of the mainstream....we must lead to achieve integration of care everywhere.... I believe that a few entrepreneurial leaders will embrace the challenge of true integration.... from policy to plan to practice. These entrepreneurs will also succeed in business because the game will come to them"

-M. Hogan, Commissioner, NYS OMH



### NATIONAL TEMPERATURE

- Most everyone doing something
- Physical spaces are being rethought
- Beginning to realize integration is foundation for other strategic initiatives





### WHAT IS OUR TRIPLE AIM?





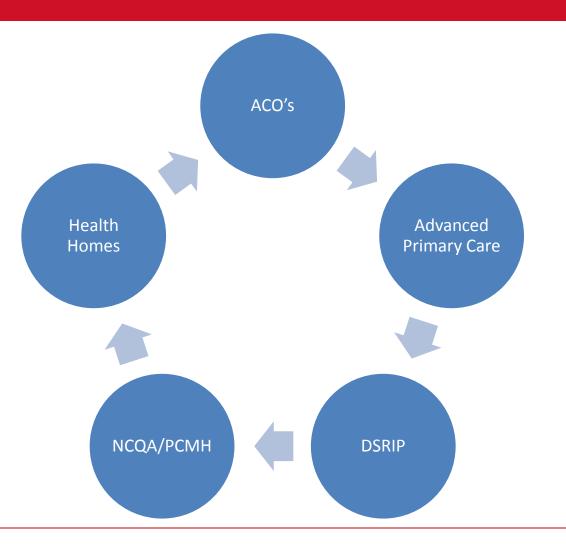
## TRIPLE AIM

- Improve Patient Experience
- Decrease Costs
- Improve Quality





### SYSTEM CHANGES





### COLLABORATION

• "Un-natural act by two un-consenting adults





### AROUND WE GO...







 All team members need to be trained-not to become experts- but to know enough about what other team members do ....

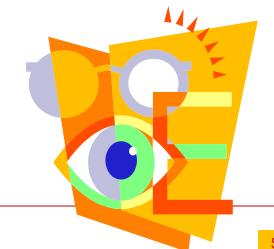
A mental health provider should know about chronic medical illnesses to understand basic care and implications for mental health service delivery , treatment and planning





### TRANSDISCIPLINARY TEAM BASED CARE PLANNING

- Longitudinal care planning- care planning across disciplines on the team
- Care plans that involve the patient as a member of the treatment team
- Reinforcement of care plans .....
- Every Problem Every Discipline Every Time





## NEW YORK CHALLENGES

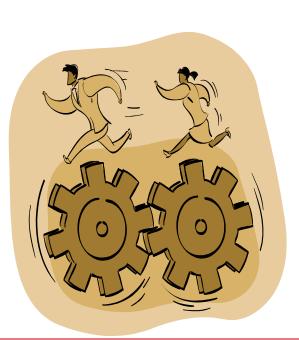
- Regulatory /licensure
- Same day visits
- Fee for service payment system





### DSRIP

- Multiple projects around bi-directional integration
- IMPACT
- Behavioral Health Stabilization







### LOOKING TO THE FUTURE...

Coordinated and Integrated Services





### FOCUS POINTS

- High risk population management
- Re-engagement
- Home/hospital visits



Coordination of services



# QUESTIONS???





### ACTIONS TO CREATE CHANGE

- Understand current system changes
- Speak with others about changes
- Help prepare your organization for future changes









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#### EVALUATION





Healthcare Reform 2.0: Making a SHIFT to a Culture of Health

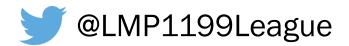
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### **MORE INFORMATION?**



www.LaborManagementIntiatives.org

1199SEIU League Labor Management Project





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